

WORDS OF INSPIRATION

Finding Gratitude

As a believer in gratitude for the day God has given me, I'm particularly impressed by this Apache Blessing that recognizes the beauty of nature and celebrates its gifts. Each day would be more joyful if we could give thanks for all God's gifts.

Chaplain David Cotton
Jersey Shore University Medical Center

*“May the sun bring you new energy by day,
May the moon softly restore you by night,
May the rain wash away your worries,
May the breeze blow new strength into your
being.
May you walk gently through the world
And know its beauty all the days of your life.”*

- Apache Blessing

